



Meeting Minutes Date of Meeting

11:55 PM – 1:05PM

Attendees: Rhonda Warren, Burgandy Hagen, Jearan Boice, Bill Martin, Barb Ittner, Mariann Birch, Jordan McCunn, Kayla Langford, Tina Hang, Charlene Pryor, Kylie Poor, Dalana Fuller, India Malherbe

- I. Introductions
- II. Community Updates
 - a. Silver Haired Legislators
 - i. 4 cent increase in tobacco sales tax
 - ii. Additional 10 cent increase proposed by legislator totaling 14 cents
 - iii. Bill is currently being written and estimated to be passed by December
 1. Missouri has a **very low** sales tax on tobacco. In order to increase cessation support and promote reduction in use of tobacco, taxes **must** be raised for tobacco products in order to help with prevention efforts
 - b. Parents as Teachers
 - i. Christmas Event on December 3 from 5:30 – 7:00 PM
 1. Coalition will be present at Christmas event
- III. Show Me Water Safety – Charlene Pryor
 - a. 1 day activity (10AM-2PM in warmer weather) to prevent drowning by providing education about water safety
 - i. Volunteer stations (See “Show Me Water Safety 2024” attachment for stations)
 - b. Planning
 - i. Develop partnerships
 1. YMCA
 2. Crowder College
 - ii. Itemized list of what we need
 - iii. Partners commitment to purchase life jackets
 1. Walmart sample sales
 2. McDonald County camp grounds
- IV. Website updates
 - a. Partnerships listed/to be listed
 - i. Simmons, Community Partnership of the Ozarks, Parents as Teachers, Missouri Department of Health & Senior Services, Access Family Care
 - ii. Missing any? Let Tina or India know



- V. Building Communities for Better Health
 - a. Grant will be over in May 2025
 - b. Transitioning Noel Change Team members to Noel Revitalization Team and Noel Betterment Club
 - c. Active Transportation QR Code still in place until end of year
 - i. Please take survey if you have not already done so
 - ii. Links to survey can be found here:
 - 1. English
 - 2. Spanish
- VI. Coalition
 - a. Shortening mission statement for January update
 - i. Read and condense statement
- VII. Just the Facts (Newton County) – In the Know (McDonald County)
 - a. Tina completed application with Neighborhood Leadership Academy for “In the Know” project. Will hear back about grant awards in mid-December
 - i. See images attached to email from Newton County’s “Just the Facts” project
 - b. Project Goal: Reaching out to families, teens, and general community via yard signs with QR codes
- VIII. McDonald County Health Department – Community Health Improvement Plan (CHIP)
 - a. Health Fair with McDonald County Chamber of Commerce
 - i. Waiting to hear back about waiving fees for Health booths
 - b. Diabetes
 - i. 5-2-1-0 Method
 - 1. 5 Fruits & Veggies
 - 2. 2 Hours of screen time per day
 - 3. 1 Hour of physical activity
 - 4. 0 sugary drinks
 - c. Mental Health
 - i. Mental Health First Aid with Kylie Poor – **PLEASE SCHEDULE A MHFA COURSE 2 MONTHS IN ADVANCE**
 - 1. Mental Health Resources + Mental Health First Aider (MHFA)
Registration: <https://cpozarks.org/programs/mental-health/>
 - 2. Blended course – up to 30 people max/6 people minimum per course
 - a. 2 hours self-paced prework
 - b. 5 ½ hours with instructor



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- ii. Urgent Behavioral Health (Joplin)
 - 1. Short counseling session with medication/refill for individuals 16 or older, will need individual phone number
 - 2. Crisis hotline (24 hours)
 - a. Outside Joplin area
 - i. 800-247-0661
 - iii. MU Extension Mental Health for Farmers
 - 1. All documents and flyers attached to email
- IX. NO DECEMBER MEETING
- a. Tina will send reminder email for next meeting in 2025



Happy Holidays!!!

